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CANDELLA'S FARM HARVEST BOX 2025

Candella's Farm River Road, Marcy, NY is offering the <u>Harvest Box</u> program again for 2025 - local farm fresh homegrown vegetables and produce all summer long. Candella's Farm Harvest Box is what others call a Community Supported Agriculture Program (CSA). We sell what we grow! Know where your fresh homegrown produce comes from; Candella's Farm grows and picks produce fresh daily! Great way to eat healthy, save money and support local!

WHY YOU SHOULD JOIN CANDELLA'S FARM HARVEST BOX PROGRAM: Candella's Farm has been growing for the community for over 120 years! BUY LOCAL, EAT FRESH at the same time. We will also help you stock up with easy freezing and canning tips. Take advantage of a large Harvest Box and Candella's Farm will fill your box with extra produce in late August and September when the fields are bursting with squash, peppers, tomatoes, eggplant & more to fill your freezer and help you can for winter. Candella's Farm Harvest Box makes a great gift too or you can share a large box with family & friends.

Our Harvest Box allows you and your family to eat healthy. A sure way to introduce fresh produce into your diet. Our Harvest Box also allows you to be adventurous in the kitchen! Try some different recipes from such as stuffed cousa, easy refrigerator pickles, easy salsa — a mixture of vegetables as a "stew" or try grilled corn. We will help you with weekly recipes. We also bring ideas even for canning and freezing. Freezing & canning is a sure way to stock up for winter and save on rising costs of produce.5THE COST OF THE 2023 HARVEST BOX—

We offer two size "box" options - a \$259 (cash price) regular size box great for a family of 3-4 or a large box for \$399 (cash price) great for a family of 5-6. THESE ARE THE 2023 PRICES – SIGN UP BY MAY 12 TO LOCK IN FOR 2024 FOR THIS PRICE SAVINGS! On May 12th the price of a regular size box will be \$275 (cash price) and large size box will be \$425 (cash price.) See sign up form for credit card.

WHAT IS IN YOUR HARVEST BOX:

What is in the box will depend on what is coming out of the field at the time! Throughout the harvest season:

- A typical regular box during the summer can include fresh greens, tomatoes, cucumbers, bell peppers, eggplant, zucchini, summer squash, hot peppers, beans. This is an example it will depend on what is in harvest at the time of the box being prepared.
- A typical Large Box during the summer can include what is in the regular box listed above PLUS extra eggplant, grape tomatoes, hot cherry peppers, sweet frying peppers, corn, beans, blueberries (all when in season). Once we get into full harvest usually late August and through September with a large box you will see A LOT of extra produce as we have excess coming out of the field and we will help you fill your freezer. Large boxes are great to stock up for winter. We will even give you tips for prepping hot peppers that can be then used for holiday gifts.
- We do not promise or guarantee specific items.
- We will give weekly recipes and freezing tips. Many participants find they have excess that they like to share with family & friends especially the large boxes.

You will find all the wonderful summer basics grown fresh at Candella's Farm, plus we will include items like crisp sweet fresh pickles, golden zucchini, cousa, new varieties of peppers and winter squash in September.

MAKING IT EASY:

We will give recipes/ instructions on how to freeze & can the items you get. This is a great way to fill your freezer for the winter! With this program we fill the box with what is in peak production at Candella's Farm. In September toward the end of the Harvest Box program we will also offer fill your own box where you get to select item you really like.

HOW TO SIGN UP:

Sign-ups will take place April to June 12th. You can pay in full or make an initial deposit of half the box price with the full amount due by June 30th. You will need to select a pick-up date, either Saturday or Tuesday (see sign-up sheet); you are required to stick with your pick-up day.

PAYMENT & PAYMENT OPTIONS: Make your payment when you sign up. We are offering a payment option — making two payments — first payment of 50% of the cost at sign-up making your deposit THEN the remaining balance will be due no later than June 30th before the start of the program.

JOIN NOW BEFORE CUT OFF DATE: Join Candella's Harvest Box program that will run from mid-July to late September. Sign up forms and payment need to be completed by June 12th.

We will stop sign ups to the 2025 Harvest Produce Box program when we reach our maximum number of participants; so, do not wait. We anticipate beginning the week of July 21st and will run through Sept 27th. It is possible that we will begin a week earlier all depending on weather; if we do we will notify you). We are also asking you to indicate on the form if you are interested in Strawberry Swap.

No refunds once you sign up. Everyone who signs up acknowledges that due to the inherent risks of farming, there are no guarantees on the specific produce that they will receive due to weather extremes, insects, and/or other production factors. We have safe food handling procedures in place to protect the produce, from harvesting, to washing & packing to distribution.

Any questions please send email to <u>info@candellasfarm.com</u>. We look forward to the 2025 growing season at Candella's Farm. Thank you from the Candella Family!